



Support our Neighbors in Need

Be a financial partner with CES in a mission that feeds the body and soul with your gift:

\$12

Pays for two seniors to get a hot, delivered Meals on Wheels meal

\$500

Pays for 125 families to receive fresh produce and bread weekly for a month

\$50

Helps one African immigrant family receive a week's worth of groceries

\$1,000

Provides one day's worth of hot meals to our 150 North Minneapolis Meals on Wheels residents

\$100

Provides 88 households with food for their cat or dog through Ani-Meals

Or your gift of \$ _____

For giving online go to www.cesmn.org/donate

Beyond Bread

“Oh, awesome, there is some great bread today,” stated Bonnie, a mother of two teenagers. She comes to CES several times a week for bread from our free bread table, donated by Cub and Kowalski’s. “With two hungry kids, this bread helps so much!”

Bonnie can only work part time due to an ongoing battle with arthritis. Funds have been tight as she tries to create a stable atmosphere for her teens by keeping to a rigid budget. However, food had become an issue. “Each month I look forward to coming to CES, especially the time of sharing about my life. It is so encouraging to have someone care what happens to us. My kids give me a list of things they would like and I get to shop for things we’ll eat from your staple inventory. I am treated with such respect; I hardly feel the sting of coming to a food shelf.”

Bonnie also comes for Bonus Fridays. “Produce is one food we don’t always get. So the anticipated surprise of what is available is worth the wait! Without these food opportunities from CES, there would be more times that my family would go hungry.”



A neighbor selects bread on Bonus Friday